

Tuckshop Menu



PASTA POTS (No Cheese Options available)

Bolognaise & Cheese Pasta	\$5.00
Ham & Cheese Pasta	\$4.00
Chicken & Cheese Pasta	\$4.00
Tuna & Cheese Pasta	\$4.00
Tomato Basil Sauce & Cheese Pasta	\$3.70
Cheese Pasta	\$3.00
Plain Pasta	\$2.00
GLUTEN FREE PASTA	Add \$0.50

PIZZAS (No Cheese Options Available)

BBQ Meatlovers Pizza	\$5.00
Ham Hawaiian Pizza	\$4.00
Chicken Hawaiian Pizza	\$4.00
Ham & Cheese Pizza	\$3.70
Chicken & Cheese Pizza	\$3.70
Pineapple & Cheese Pizza	\$3.70
Cheese Pizza	\$3.00
GLUTEN FREE PIZZA	Add \$0.50

SANDWICHES (Butter Optional)

Honey or Vegemite or Jam Sandwich	\$2.00
Cheese Sandwich	\$3.00
Cheese & Lettuce	\$3.20
Cheese & Tomato	\$3.50
Ham Sandwich	\$3.00
Ham & Cheese	\$3.50
Ham & Cheese & Lettuce	\$4.00
Chicken Sandwich	\$3.30
Chicken & Lettuce	\$3.50
MAYONNAISE	Add \$0.30

TOASTED SANDWICHES

Honey or Vegemite Toastie	\$2.20
Cheese Toastie	\$3.20
Ham Toastie	\$3.20
Chicken Toastie	\$3.50
Ham & Cheese	\$3.70
Cheese & Tomato	\$3.70
Ham, Cheese & Tomato	\$4.20
Chicken & Cheese	\$4.00
MAYONNAISE	Add \$0.30
GLUTEN FREE BREAD	Add \$1.00

FRESH WRAPS	
Salad Wrap (Lettuce, Tomato, Cucumber, Carrot)	\$4.50
Ham or Chicken or Tuna Salad Wrap	\$5.50
MAYONNAISE	Add \$0.30
CHEESE	Add \$0.50
TOASTED WRAPS	
Ham & Cheese / Chicken & Cheese / Tuna & Cheese	\$4.50
Cheese & Tomato	\$4.00
SALADS	
Ham or Chicken or Tuna Salad (with Lettuce, Tomato, Cucumber, Carrot, Corn, Boiled Egg)	\$5.50
Vegetarian Salad (with Chickpeas, Lettuce, Tomato, Cucumber, Carrot, Corn, Boiled Egg)	\$4.50
SALAD DRESSING	Add \$0.30
MAYONNAISE	Add \$0.30
BURGERS (Thursday Only)	
Chicken Schnitzel Burger (Optional Lettuce & Sauce)	\$6.00
Hamburger (Optional Lettuce & Tomato & Sauce)	\$5.50
Cheeseburger (Optional Lettuce & Tomato & Sauce)	\$6.00
CHICKEN NUGGETS (Tuesday Only)	
Chicken Nuggets (5 Pieces)	\$4.00
TOMATO or BBQ SAUCE	Add \$0.30

HOT FOOD ITEMS

Quiches (including Gluten Free Crustless):	
• Plain Cheese	\$2.00
• Ham & Cheese	\$2.50
• Chicken & Cheese	\$2.50
• Ham, Cheese, Corn & Spinach	\$3.00
• Chicken, Cheese, Corn & Spinach	\$3.00
• Cheese, Corn & Spinach	\$3.00
Snack Beef Pie	\$3.00
Snack Sausage Roll	\$3.50
Garlic Bread	\$2.00
Cheese & Vegemite Scrolls (2)	\$1.80
TOMATO or BBQ SAUCE	Add \$0.30

COLD FOOD ITEMS

Red or Green Apple	\$1.00
Strawberries	\$2.00
Strawberries & Custard	\$2.50
Strawberries & Greek Yoghurt	\$2.50
Plain Jelly	\$1.00
Jelly & Custard	\$1.50
Custard	\$1.50
Organic Frozen Berries	\$2.50
Frozen Fruit Salad	\$3.50
Cheese & Rice Crackers	\$1.50
Nibblers Bag (Carrots, Cucumber, Apple, Cheese)	\$2.00
Hummus & Carrot Sticks	\$2.00
Hummus & Carrot Sticks & Rice Crackers	\$2.50
Grapes/Mandarin - Seasonal	

SNACK ITEMS

Home baking or ANZAC Biscuit	\$2.00
Popcorn	\$0.50
Jumpy's	\$1.20
Red Rock Chips (Sea Salt or Honey Soy)	\$1.50

FROZEN TREATS

Small Frozen Juice Cup	\$0.20
Large Frozen Juice Cup	\$0.50
Quelch Icy Pole	\$0.50
Raspberry & Pineapple Mini Calippo	\$2.00
Lemonade Icy Twist	\$2.30
Rainbow Paddlepop	\$3.00
Twisted Frozen Yoghurt	\$3.00
Bulla Frozen Yoghurt	\$3.50

DRINKS

Bottled Water	\$1.00
Plain Milk	\$1.00
Fruit Juice Popper	\$1.50
UP & Go	\$2.50
Chocolate or Strawberry Milk	\$3.00